



Scarborough Counselling & Psychotherapy Training Institute

Environmental Policy

We recognise that running our institute, inevitably has some adverse effects on the global environment and we are committed to reducing and mitigating this, within an ongoing process of transparency and change.

WE ACTIVELY:

- Hold awareness of our daily and long-term contribution, to our world's climate change and biodiversity loss.
- Take practical steps to reduce our emissions and waste, whilst seeking to improve our office's energy, water, and other resource efficiencies.
- Engage in reusing and recycling, as many materials as possible.
- Hold regular meetings to develop our policy, as part of the ecology branch, of SCPTI's Equality, Diversity, and Intersectionality Group [EEDI].
- Make all staff aware of our environmental policy and engage their commitment, in implementing our practices.
- Communicate our environmental policy to all stakeholders, within the SCPTI Community.
- Consider the ethical and environmental practices of our suppliers, when making purchasing decisions.
- Follow a catering guideline where feasible, to avoid unsustainable food sources.
- Reduce and minimise our use of products, with a damaging environmental impact.

- Seek to support local suppliers and businesses, wherever possible, to minimise our carbon footprint.

PRACTICAL STEPS WE TAKE TO ACHIEVE THIS

Wherever possible, our communications are electronic.

We encourage public transport, cycling and car sharing, where practical, with consideration to the use of virtual platforms, if appropriate. ***This does not include the main training modules.***

We minimise our use of resources, following the ongoing principles of ***'Reduce, Re-use and Recycle'***:

REDUCE

Cutting our consumption and waste of resources, including energy, water and paper.

Using energy suppliers, who provide 100% renewable energy sources.

Using cleaning products, that are 100% environmentally friendly.

Aiming to change our equipment and appliances, to more energy-efficient technologies.

Aiming to improve insulation within our building, to further reduce our energy consumption.

RE-USE

Re-using our resources wherever possible, especially paper and packaging.

RECYCLE

Working towards the vision of a circular plastic economy, whereby plastic never becomes waste.

Encouraging all staff and students, to participate in our in-house recycling scheme, with waste that cannot be recycled or composted, disposed of responsibly.

This is a living document, continually evolving through ongoing dialogue and intent driven learning. It is formally reviewed by our Board of Directors, every year, unless substantial changes in UK legislation and/or, UKCP/UKAPI or EAIP guidance, occur.

Policy Lead	SCPTI EEDI Group - Tim Carrette
Adopted by	SCPTI Board of Directors
Date	[21 st of June], 2021
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